

Training as a SYSTEMIC RESILIENCE COACH for leaders, teams, and organizations, certified by EASC® with Dr. Ulla Nagel

Your Benefits:

- ✓ You will learn the professional tools to help people find clarity and structure in challenging situations.
- ✓ You will be able to present yourself professionally as a coach.
- ✓ As an internal coach, you will position yourself more clearly and effectively.
- ✓ As a leader or mentor, you will act more successfully and coach others toward mastery.
- ✓ You will develop your personality and become more aware of your goals.
- ✓ You will increase your personal confidence and presence.
- ✓ In social situations, you will feel assertive and secure.

Target Group:

Leaders, consultants, psychologists, social professions, process facilitators, mentors, project managers, therapists, etc. – professionals who want to enter a new field.

Content:

Introductory	0. Introduction to Transactional Analysis (TA-101 Online Course)
May 4-7, 2026:	1. Establishing Contact, Clarifying Concerns, and Goal Focus in Coaching
Jun. 3-5, 2026:	2. Critical Self-Reflection: Strengths, Potentials, Needs, and Motives
Jun. 24-26, 2026:	3. Communication: The Most Essential Tool for a Coach
Aug. 27-28, 2026:	4. Psychodynamics in Groups: Thinking and Intervening Systematically
Sept. 24-26, 2026:	5. Professional Ethics: Mindfulness, Awareness, Inclusion, and Impartiality
Oct. 7-8, 2026:	6. Steering Individual Development in Coaching: Attitude Makes the Difference
Nov. 19-20, 2026:	7. The Six Phases of the Coaching Process and their Specific Features
Dec. 10-11, 2026:	8. Systemic Coaching: Human + Organization as an “Organic” Unit
Jan. 13-15, 2027:	9. Mediation: Systemic Principles of Order, Conflicts, and Solutions
Feb. 3-5, 2027:	10. Team Coaching: Group-Dynamic Interventions
Mar. 4-5, 2027:	11. Organizational Development: Change Management, Agile Interventions
Apr. 23-24, 2027:	12. Online Coaching and Exam Preparation
May 27-28, 2027:	13. Exam Preparation for the Final Coach Certification
Jun. 18-19, 2027:	14. Final Examination

Location:

Dr. Ulla Nagel GmbH
Arndtstr. 11, 01099 Dresden

Costs:

8.650,00 EUR plus examination fee and supervision

Registration:

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A one-hour preliminary consultation is mandatory.

Information:

<https://dr-ulla-nagel.com/veranstaltungen/ausbildung-systemischer-coach/>

